

# TABOR TALK

## UNANXIOUS

***"Stop borrowing worries."***

***"You will become your own self-fulfilling prophecy."***

***"There is nothing you can do about what you have no control over."***

These are just a few of the statements I have heard over the years and taken to heart whenever I became anxious. I confess that it is much easier to preach about trust in God in all situations than it is to practice it. Even preachers know this struggle. And yet, that does not mean those statements above are not true. In fact, a lot of times in life, the hardest things to practice are rooted in some of the most important truths!

Anxiety is something that dominates our culture. Perhaps you can relate as well. Perhaps there are situations in your life that cause anxiety and you wonder how to find calm and peace in the midst of those situations. There are countless books and articles out there describing strategies for reducing anxiousness. But more importantly, Scripture addresses the worry and anxiousness that we experience. The phrase "do not be afraid" is written or spoken dozens of times throughout the Old and New Testaments. Jesus himself said to us "do not let your hearts be troubled" and "do not worry about tomorrow." Uncertainty, fear, and stress are a part of the human experience, but our faith can help us respond to these situations and emotions. To live in a constant state of anxiety is not God's will for our lives. God wants us to know that peace that is truly beyond words.

Therefore, on September 10, we will begin a new series titled, "Unanxious". This series will look at some of the different themes that bring anxiety into our lives and how our faith can help us work through those moments. During this season, many small groups will be using the book, "Anxious for Nothing" by Max Lucado. While not directly tied to the sermon themes, this book is a very helpful tool on understanding the relationship between anxiety and faith.

So much of life and culture seems to produce anxiety. Yet, we follow a Lord who overcomes all of that. In his name we can find calm – even in the midst of the storms. I hope you will join us as we strive to be "Unanxious".

In Christ,  
Pastor Lonnie

GATHER joyfully • GROW spiritually • GO faithfully

## A Life of Prayer

Henri Nouwen once said, "A spiritual life without prayer is like the Gospel without Christ. F.B. Meyer said, "The greatest tragedy in life is not unanswered prayer, but unoffered prayer." These are wise words to chew on. Prayer is one of the greatest gifts we have. How incredible it is that we can pray to the Lord any time, any place, and He hears us. It requires discipline to develop the habit of prayer and to, "Be still and know". As Nouwen reminds us though, "the more we pray— in the sense of living a prayerful life — the more we desire to pray." Jesus himself prayed, often getting up early in the morning and going away by himself away from the noise and crowds.

At Mount Tabor, we believe in the power of prayer and in the privilege of praying for each other. If you have a prayer request, you can contact me or submit it online to our website. We are blessed to have a prayer chain that prays over each request. If you would like to be a part of this opportunity to pray, please let me know and I will add you to the group. A life of prayer is a true blessing, not only for yourself but for those you pray for.

**—Kim Harvey**  
*Director of Congregational  
and Soul Care*

### Join our Wednesday Women's Bible Study

Wednesday Women's Bible Study will participate in the church-wide study of the book, "Anxious for Nothing" by Max Lucado, on Wednesdays at 9:30 am, in person in the Fellowship Hall and also via Zoom, from Sept. 13 - Nov. 15. Participants are asked to purchase their own book. Please contact Director of Congregational & Soul Care, Kim Harvey (kim.harvey@mttaborumc.org) for questions or to receive the Zoom link.

## Care and Support

If you or your family are dealing with:

- Chronic or other illness
- Cancer
- Preparing for or recovering from surgery
- Caregiving
- Grief
- A life transition or

If you are a church member and have given birth we would love to celebrate this joyous occasion with you.

If you would like:

- A pastoral visit
- Phone call or
- To share a prayer request

Please contact our Director of Congregational and Soul Care, Kim Harvey in the church office (336-765-5561), email her at kim.harvey@mttaborumc.org, or drop by her office for a visit.

### Adopt a College Student

The College Ministry program is seeking individuals/small groups to "adopt" a college student. This role will be to encourage, pray for, and reach out to their assigned college student throughout the school year. It is a wonderful way to keep our college students connected to their church family and for the students to know they are loved and supported! If you or your small group is interested in adopting or has questions, please reach out to Cheryl Bullard (cgbullard@gmail.com) or Misty Wooten (emwooten@yadtel.net). "



Which would mean more to you? Something made by a stranger, or something made by your child? Your child's creation would be the clear winner because knowing who made something can add value to the thing that has been made. That is why we want our friends in TaborKIDS Junior to know that God made everything because knowing God made everything makes everything very good! And since God made SO many good things, we are going to **Stack It Up** this month — ALL OF IT — from day one through day seven. So, let's get ready for a whole lot of stacking!

This month, Club 252 and TaborTWEENS Bible series is called "*Harmony: Together is Better.*" God created us for relationships. From the very beginning of the Bible, we see how important it is to have wise people in our life who help us understand how to honor God with our actions. When God sent Jesus, we were able to see the best example of friendship ever. Jesus showed us how much He loves us as He laid down His life for His friends. With His words and actions, Jesus showed friendship to everyone He met. We can reflect Jesus' love best when we take time to care for our friends.

### Here is what is coming up for our Tabor Kids—

⇒ **Bible Sunday is September 10** in both worship services. Rising 1<sup>st</sup> graders and other children who have yet to receive a Bible from Mount Tabor should sign up here: [bit.ly/mtbible2023](http://bit.ly/mtbible2023) Children who receive Bibles on September 10 are invited to come back at 3 PM for a Hands on Bible event in the Welcome Center & Sanctuary!

- ⇒ **TaborKIDS on Wednesdays kicks off on September 13!** Every Tabor Table Wednesday, children are invited to come to the Children's Building from 6-7 PM for faith, fun, and fellowship. Children must arrive by 6:15 PM to participate in programming. TaborKIDS Junior (independent 2 year olds – Kindergarten) should be brought to Ms. Colleen in the Clubhouse in the Children's Building by their parents. TaborKIDS (1<sup>st</sup>-5<sup>th</sup> Grades) will be gathered by Ms. Marcey from the Family Life Center at 6 PM.
- ⇒ **TaborTWEENS (4<sup>th</sup> & 5<sup>th</sup> Graders) are invited to the District Tween Retreat on September 15-16.** For more information and to register, please visit [bit.ly/tweenretreat23](http://bit.ly/tweenretreat23)
- ⇒ For more information on any of these activities or Children's Ministries in general, check your TaborKIDS Weekly email or please contact Marcey Davis ([marcey.davis@mttaborumc.org](mailto:marcey.davis@mttaborumc.org))

We'd love to see you on Sunday mornings in TaborKIDS Worship offered during all worship services. We love our TaborKIDS! For more information on any of these activities or Children's Ministries in general, check your TaborKIDS Weekly email or please contact Marcey Davis ([marcey.davis@mttaborumc.org](mailto:marcey.davis@mttaborumc.org)).

## Great Day of Service—September 30 — 8:00am-NOON

### Please make plans to serve with us in Mount Tabor UMC's Great Day of Service on Sat., September 30.

Our Great Day of Service is our annual church-wide morning of serving local community service organizations across Winston-Salem. It's traditionally been a wonderful opportunity for new members to build relationships, families to serve together, and longer-term members to re-connect... all while serving community organizations that provide crucial services to those in need 365 days each year.

We'll start the day by gathering for breakfast at 8:00am in the Fellowship Hall and then the project teams

will go out at 9:00am to a variety of community organizations to serve as the hands and feet of Christ. At noon the teams will come back to the church for a pizza lunch and enjoy fellowship with each other.

A sampling of the Projects will include:

- Crossnore Children's Home
- Crisis Control Ministries
- Hope of Winston-Salem
- Riverwood Therapeutic Riding Center
- Ronald McDonald House
- Salem Pregnancy Center
- Samaritan Ministries
- and more.

There is something for everyone! If you have a local community service organization, please consider forming and leading a new project team. It's easy to do, so if you're interested, please email Steve Mann at [steve\\_mann\\_dba@yahoo.com](mailto:steve_mann_dba@yahoo.com) or Debbie Bohlmann at [dhbohlmann@gmail.com](mailto:dhbohlmann@gmail.com).

Sign up boards with detailed descriptions of each project will be displayed in the Welcome Center in September.

Connect with friends and make plans to serve in the community with your brothers and sisters in Christ on Saturday, September 30.

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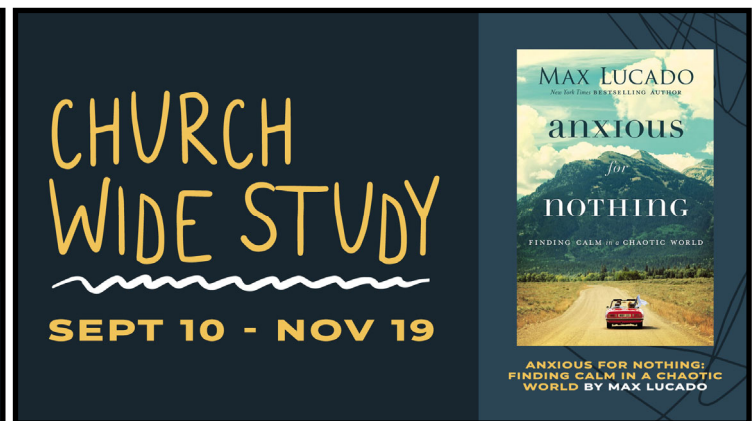
## Here are two NEW opportunities for you to grow in your Personal Faith in the Fall of 2023



**GROWTH GATHERINGS**  
led by members of the Spiritual Growth Team

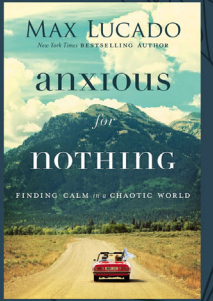
**WEDNESDAYS 6:00 TO 7:00 PM  
IN FELLOWSHIP HALL**

SEPTEMBER 13TH - NOVEMBER 15TH



**CHURCH WIDE STUDY**

SEPT 10 - NOV 19



MAX LUCADO  
The New York Times Bestselling Author  
**anxious for NOTHING**  
FINDING CALM IN A CHAOTIC WORLD

ANXIOUS FOR NOTHING: FINDING CALM IN A CHAOTIC WORLD BY MAX LUCADO

For more information or to sign-up for a Spiritual Growth Class, please contact the church office today at 336-765-5561.

# Mount Tabor Spotlight


Here's what is coming up and what you need to know!

**BEGINNING SEPTEMBER 7**

## Moms Fellowship

9:15 TO 10:30 AM IN ROOM 268  
FIRST THURSDAY OF EVERY MONTH

scan to register



**CHILDCARE \$5 • MUST REGISTER IN ADVANCE**  
Register at [bit.ly/mtumcmoms23](http://bit.ly/mtumcmoms23)  
Questions? Contact Sandy Hauser at [SandyLHauser@gmail.com](mailto:SandyLHauser@gmail.com)

## NURSERY VOLUNTEERS NEEDED

We have babies who need holding!

To Sign Up, Contact Marcey Davis,  
Director of Children & Family Ministries,  
at [marcey.davis@mttaborumc.org](mailto:marcey.davis@mttaborumc.org)

## Bible Sunday

September 10

Rising 1st graders and other older elementary children who have yet to receive a Bible from Mount Tabor should sign up at [bit.ly/mtbible2023](http://bit.ly/mtbible2023)

## Tabor TWEENS

Children's Ministries of Mount Tabor UMC

### RETREAT @ CAMP MERRIWOOD

SEPTEMBER 15-16

REGISTER NOW!



For more information, contact Marcey Davis  
[marcey.davis@mttaborumc.org](mailto:marcey.davis@mttaborumc.org)

## Fall Groups

learn more at [mttaborumc.org](http://mttaborumc.org)

**Church-Wide Study**  
BEGINS SEPTEMBER 10, 2023  
Based on *Anxious for Nothing: Finding Calm in a Chaotic World* by Max Lucado

**Disciple Bible Study**  
BEGINS SEPTEMBER 10, 2023  
Meets Sundays 4:00 to 6:00 PM

**Grief Share**  
BEGINS SEPTEMBER 6, 2023  
Meets Wednesdays 3:30-5:00 PM

**Divorce Care**  
BEGINS SEPTEMBER 13, 2023  
Meets Wednesdays 6:30-8:00 PM



## Great DAY OF Service 2023

SEPTEMBER 30  
8:00AM-NOON

*If you have a local community service organization, please consider forming and leading a new project team.*

If you're interested, please email Steve Mann at [steve\\_mann\\_dba@yahoo.com](mailto:steve_mann_dba@yahoo.com) or Debbie Bohlmann [dbohlmann@gmail.com](mailto:dbohlmann@gmail.com).

Projects include  
Crossnore Children's Home,  
Crisis Control Ministries,  
Hope of Winston-Salem,  
Riverwood Therapeutic Riding Center,  
Ronald McDonald House,  
Salem Pregnancy Center,  
Samaritan Ministries and more.

## DIVORCE Care

Meets weekly on Wednesdays  
September 13 - December 13 (except for November 22)  
6:30-8:00 PM in The Parlor

Questions? Contact David Rigby at [Divorcecare@mttaborumc.org](mailto:Divorcecare@mttaborumc.org)

## Tabor Table

A GREAT NIGHT OF FOOD & FELLOWSHIP

WEDNESDAYS 5:15-6:30 PM  
[mttaborumc.org/tabor-table](http://mttaborumc.org/tabor-table)

### MENU

SEPTEMBER 13

Stuff Shells,  
Pasta and Sauce and Rolls

**Kids option:** Corndogs and Chips  
Salad Bar, Drinks and Desserts

## DivorceCare at Mount Tabor UMC

DivorceCare features biblical, Christ-centered teaching that focuses on topics associated with separation or divorce. The DVD seminar features nationally respected counselors and real-life stories of people who have experienced divorce, followed by a small group discussion about the topic of each video. Past participants have related how helpful the information and follow-up discussions were to them. Many people find they are only beginning the work of healing when friends or family have moved on, so being able to share and learn with others is helpful. Too often people, including Christians, tend to pretend they are healed instead of allowing the time needed, along with God's guidance. Don't allow fear of what others may think to keep you from what could help you. Confidentiality is an essential part of this program.

Your experience may be recent or not so recent. You will find healing, hope, and encouragement in grieving the death of a relationship while learning how to be a whole person again. No matter what the cause of your separation or divorce, this is an opportunity to be around people who understand what you are feeling. You will learn how to recognize the symptoms of being stuck and that you do not need to live in bondage to your past or your emotions. You will learn valuable information about facing your "new normal" in life and renewing your hope for the future.

We begin on Wednesday, September 13, in The Parlor (Rm. 108) at 6:30 pm. For more information, please contact David Rigby at [divorcecare@mttaborumc.org](mailto:divorcecare@mttaborumc.org) or visit [divorcecare.org](http://divorcecare.org).

## WOMEN'S FESTIVAL OF TABLES — COMING SOON!

We are excited to invite you to our 2023 Women's Festival of Tables, October 14 from 9:00am—11:30am. This is such a fun morning and is a great opportunity to reach out to friends, relatives and others in our community to join us! The celebration will include time to visit festive tables individually decorated by our hostesses, a delicious breakfast, fellowship, mission project, worship and an encouraging message. Doors open at 8:30am for table viewing. Cost is \$10 and you may register at [www.bit.ly/](http://www.bit.ly/)

[festivaloftables](http://festivaloftables). The purpose of this special morning is to reach out to friends, relatives, people in our community, etc. and invite them to join us as we hear about the blessings of friendship through our speaker, Beverly Burton.

Table decorators are needed for 18-20 tables. Dishes are provided so we just need ladies to create a tablescape for guests to enjoy. You may use holiday or other décor of your own design.

Please email Fleeta Hall at [fleemainhall@gmail.com](mailto:fleemainhall@gmail.com) if

you are willing to decorate a table and more information will be provided. We are also in need of some donations for door prizes so please keep that in mind as you are out and about at various businesses. Thank you for helping us get the word out and we hope you will make plans to attend this event!

# GriefShare®

**Meets weekly on Wednesdays**  
September 6 - December 6 (except for November 22)  
3:30-5:00 PM in Foundation Classroom 101

Questions? Contact Beverly Burton at [Griefshare@mttaborumc.org](mailto:Griefshare@mttaborumc.org)

DELICIOUS BREAKFAST • ENCOURAGING WORD • MISSION PROJECT  
DOOR PRIZES • AND LOTS OF FUN!

## Women's Festival of Tables

SAT OCT 14 | 9AM-11:30AM

IN THE FAMILY LIFE CENTER

(DOORS OPEN AT 8:30AM FOR FELLOWSHIP & TABLE VIEWING)

### "Friendship"

WITH SPEAKER, BEVERLY BURTON  
& SPECIAL MUSIC BY CHARLI MILLS

COST \$10 | REGISTRATION & DETAILS:  
[BIT.LY/FESTIVALOFTABLES](http://BIT.LY/FESTIVALOFTABLES)

## DISCIPLE *Becoming Disciples Through Bible Study*

A 34 week study of the Bible with daily preparation and weekly group sessions with the goal of developing biblically nourished persons committed to live as disciples of Christ.

Sundays from 4 to 6 PM, beginning September 10

To register contact Brenda Wills  
at [politicalsciencemajor@gmail.com](mailto:politicalsciencemajor@gmail.com)

### PARENTS

Meet in the Alspaugh  
Worship Center

### YOUTH

6th-12th Grades meet in  
Youth Commons

### CHILDREN

Activities & Care will be  
provided for children  
5th Grade and younger  
**Registration Required**  
[bit.ly/mtunanxkid](http://bit.ly/mtunanxkid)

## UnANXIOUS

Equipping Parents &  
Youth to Face Anxiety

Led by Counselors from  
Associates in Christian  
Counseling & Local Schools

**OCTOBER 8  
AT 5 PM**



## Wednesdays, 5:15-6:30pm Family Life Center

Suggested donations are Adult  
(age 13-older) **\$8**; Child (ages 3-  
12) **\$5**; Family in same house  
**\$25 cap**. Make reservations at

**[www.mttaborumc.org/  
tabor-table](http://www.mttaborumc.org/tabor-table)**

### —September 13—

Stuffed Shells,  
Pasta and Sauce, Rolls,  
Salad Bar, Drinks,  
and Desserts

*Kids Menu: Corndogs and Chips*

### — September 20—

Chicken Pie with Vegetables  
Chicken Pie without  
Vegetables  
Roasted Chicken,  
Mashed Potatoes,  
Vegetables, Rolls,  
Salad Bar, Drinks, and  
Desserts

*Kids Menu: Pancakes*

### —September 27—

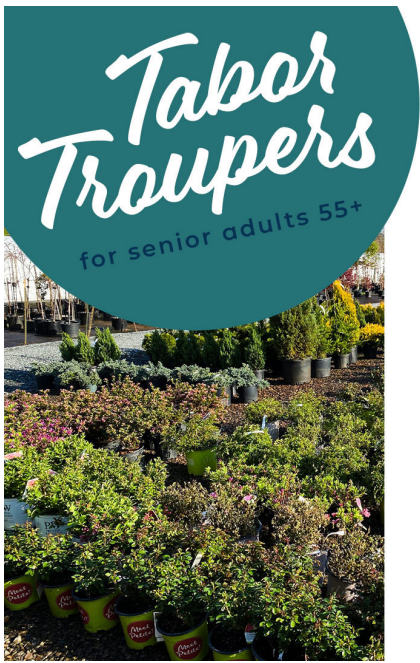
Chicken Enchiladas,  
Rice, Vegetables,  
Chips or Rolls, Salad Bar,  
Drinks, and Desserts

*Kids Menu: Chicken Nuggets*

## You won't want to miss a meal at Tabor Table!

Be on the lookout and make  
plans to join us for our  
Upcoming TaborTable  
Fellowship Meals:

October 4 — October 11 —  
October 18 — October 25



FEATURING  
**GUEST SPEAKER**  
**JIM MITCHELL**  
 MASTER GARDENER FROM MITCHELL'S NURSERY

**\$6 LUNCH** Menu: Hamburger Potato Casserole with Vegetables and Waldorf Salad

**SEPTEMBER 18 • 11:30 AM**  
**IN THE FELLOWSHIP HALL**

<b>Recycling Team Volunteers</b>		
<b>Dates</b>	<b>Group 1</b>	<b>Group 2</b>
<b>Aug 20-Sept 2</b>	Jeff Buchanan	Cathy Hurd
<b>Sept 3-16</b>	Barbara Beason	Ed Beason
<b>Sept 17-30</b>	Bobby Sharp	Jeff Buchanan
<b>Oct 1-14</b>	Sue Spiegelman	Cynthia Grant
<b>Oct 15-28</b>	Tex & Anne Leonard	Laura Hill
<b>Additional Volunteer Teams</b>		
<b>Dates</b>	<b>Team</b>	<b>Volunteers</b>
<b>September 2023</b>	Altar Guild	Cheryl Smith & Shannon Settlemyre
<b>September 2023</b>	Kitchen Committee	Michelle Petrich
<b>September 2023</b>	Crisis Control Delivery	Jim Graham
<b>Crisis Control Ministry Gift of the Month</b>		
<i>Please place your donations in the Crisis Control wooden bin in the Trinity Welcome Center</i>		
September 2023	Ongoing Gift: Juice	Gift of the Month: Canned Greens (Collards & Spinach)



# FUSION

## Youth Ministries at Mount Tabor UMC

Bells ringing, deadlines approaching, Friday nights filled with football games, and of course the groaning and moaning of the weekend being too short means School is officially back in action!

Looking back over the month of August I'm reminded of a few Summer moments: a trip to Carowinds and dinner at the home of WillyB's parents, a spur of the moment local mission week, our Fusion Family Kickoff— where over 100 folks from our Fusion community spent the night fellowshiping together, our last summer hangout at the church, repainting and refreshing of some youth rooms, and of course the return of Main Event on Sunday nights. Summer 2023 was full of memories, adventures, and growing closer as a community with the common goal of strengthening our relationship with Christ.

With a new school year brings a lot of anxiety, transition, and change. Despite these struggles and worries it also provides us with an opportunity to say "we are here with you"! Despite every challenge a new school year may bring, remember, God is with us every step of the way!

So here is to an amazing school year of growing together as family through our bond of faith. I invite you to pray for youth and families alike for blessings upon this school year.

—Will Busch


*Director of Student Ministries*

Contact Will Busch, our Student Ministries Director at 336-765-5561 ext 1008 or email him at [will.busch@mttaborumc.org](mailto:will.busch@mttaborumc.org) if you have questions about the Student Ministries of Mount Tabor UMC.

UnANXIOUS Exploring Anxiety

SEPTEMBER 20  
AT 6:30 PM  
IN THE ALSPAUGH WORSHIP CENTER

HEATH GREENE  
Executive Director Clinical Psychologist  
at Associates in Christian Counseling



Register for Childcare at [bit.ly/mtunanxkid](https://bit.ly/mtunanxkid)

## September 2023 – Mt. Tabor UMC Worship

Date	Preaching at our 9:00am Modern Service <i>in the Alspaugh Worship Center</i>	Preaching at 11:00am Traditional Service <i>in the Sanctuary</i>	Sermon Series	Sermon Title	Sermon Scripture
Communion Sunday, <b>Sept. 3</b>	Kim Harvey	Kim Harvey	—	<i>Love in Action</i>	Roman 12:9-21
<b>Sept. 10</b>	Rev. Lonnie Pittman	Rev Lonnie Pittman	UNanxious	<i>Jesus in &amp; Over The Storm</i>	Matthew 8:23-27; Matthew 14:22-23 (NIV)
<b>Sept. 17</b>	Rev. Lonnie Pittman	Rev. Lonnie Pittman	UNanxious	<i>Spitting Out the Bitter Pill</i>	Genesis 50:15-21; Hebrews 12:15 (NIV)
<b>Sept. 24</b>	Rev. Lonnie Pittman	Rev. Lonnie Pittman	UNanxious	<i>More Than Enough with God</i>	Judges 6:11-16; Jeremiah 1:4-6; 2 Peter 1:3 (NIV)

All services are also available via livestream at [www.YouTube.com/MountTaborUMCVideoStreaming](http://www.YouTube.com/MountTaborUMCVideoStreaming) and the Mount Tabor United Methodist Church Facebook page.  
Worship Bulletins are available at <https://www.mttaborumc.org/bulletin>.

*Photos and videos are taken during Mount Tabor Services and Events for communication and/or historical purposes.  
If you want your image excluded, notify the church office at 336-765-5561 ext. 1000.*

# DISCIPLE

**Becoming Disciples  
Through Bible Study**



A 34 week study of the Bible with daily preparation and weekly group sessions with the goal of developing biblically nourished persons committed to live as disciples of Christ.

**Sundays from 4 to 6 PM, beginning September 10**

**To register contact Brenda Wills  
at [politicalsciencemajor@gmail.com](mailto:politicalsciencemajor@gmail.com)**

Now is the perfect time to take a Disciple Bible Study Class.

Don't miss out on this amazing opportunity to **GATHER** with fellow believers, **GROW** in your personal faith, and **GO** out into the world to share the love of Christ

## Memorial and Honorarium Gifts Given to Mount Tabor UMC

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### Memorial Gifts given in memory of Pat Manious by:

- . Richard & Evelyn Worf
- . Jeffrey & Becky Reeves

### Memorial Gifts given in memory of Lee Trotter Dixon by:

- . Will & Paige Dubose

### Memorial Gifts given in memory of George Buschard:

- . Sandy Callison

Memorials or Honorariums may be made online at <https://www.MtTaborUMC.org/give> or by check payable to MTUMC. Please remember to designate Memorial or Honorarium along with the person's name.

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## Now Finish the Task

*to build and enhance the ministries of MTUMC*

Debt reduction funds are still being collected. Prayerfully consider making a donation to reduce the debt at <https://www.mttaborumc.org/give> or by cash or a check made payable to MTUMC and returned to the church.

As of August 9, current loan balance is  
**\$276,413.02.**

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### WELCOME HOLLY SMITH!

SPRC would like to formally welcome Holly Smith to the Mount Tabor staff. Holly is our new Church Business Administrator. She comes to us from Hope Presbyterian Church here in Winston-Salem. Her husband (Ethan) is a pastor at Hope, and they have two children: Annaleigh (13), and Addison (10). Welcome to the Tabor family, Holly!



**—Sharing our—**  
*Joys, Sympathies, and  
Prayers, with our church  
family*

### Sharing our Joys with:

- \* Kevin & Jennifer Argabright upon the baptism of their son, Holden
- \* Wells & Sarah Vance upon the baptism of their daughter, Collette Louise
- \* Matt & Carla Owen upon the baptism of their son, Xander Carl

### Welcoming our new church family members:

- \* Connor Stone
- \* Wells and Sarah Vance

### Extending our Sympathies to:

- \* To George Hofmann upon the death of his wife and **church member, Linda Ann Hofmann**
- \* To Erik Hall upon the death of his father
- \* To Sue Ann Harris upon the death of her brother, George
- \* To Michelle Petrich upon the death of her mother, Rita Anderson
- \* To the family and friends of Jackie Settle, a former Church Administrator upon her death

### Please keep these MTUMC service men and women in your prayers:

- \* Matthew Blue
- \* Matthew Burris
- \* Adam Clapp
- \* Audrey Clapp
- \* Jason Clapp
- \* Christopher Fisher
- \* Robert Hines
- \* Jennifer Penley
- \* Carmen Roberts
- \* Trey Wheeler
- \* William Wilson
- \* Edward Wolfe

*List your active service loved one by  
emailing [office@mtaborumc.org](mailto:office@mtaborumc.org)*



# Mount Tabor

UNITED METHODIST CHURCH

3543 Robinhood Road  
Winston-Salem, NC  
27106  
336-765-5561  
www.mttaborumc.org

*GATHER Joyfully • GROW Spiritually • GO Faithfully*

## Worship Opportunities at Mount Tabor UMC

### **9:00am Modern Worship Service**

this is a modern and contemporary worship service that is held in the Alspaugh Worship Center. Join us in-person and online each Sunday.

### **11:00am Traditional Worship Service**

this traditional worship service incorporates traditional hymns of faith and historic creeds of the church from the Sanctuary. Join us in-person and online each Sunday.

- Nursery care and a Mother's Room are available in the Children's Building.
- Wheelchairs are available for use while on church property and hearing enhancement devices, as well as large print bulletins, are available.
- See an usher for details.

### **How to watch our services from home or while you are away:**

- Livestream the services at [www.YouTube.com/MountTaborUMCVideoStreaming](http://www.YouTube.com/MountTaborUMCVideoStreaming)
- Facebook Live at Mount Tabor United Methodist Church